



818 High St, Suite # 5  
Chestertown, MD 21620



Living at Home Health Services, LLC is an Eastern Shore based company. All of our caregivers are carefully and thoroughly screened through a process that includes:

- Criminal background check
- Pre-employment drug screening
- Verification of licensure
- Proof of immunizations, TB testing
- Random drug screening
- HIPPA compliance
- Professional references
- Current CPR/First Aid/BCLS

We can provide caregivers as needed for special events in your senior's life.

Please contact us at  
(410)778-2212 or email us  
at: [livingathomellc@yahoo.com](mailto:livingathomellc@yahoo.com)

In Home Care  
for Seniors and People  
with Disabilities



**Terri Dowling, R.N.**

Private Home Care

Community First Choice

Medicaid Waiver Provider

Licensed as a Residential Service Agency (RSA) by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality License # R2988

[www.livingathomellc.com](http://www.livingathomellc.com)



## Living at Home Health Services, LLC

**Our nurses will meet with you to help you decide what is most needed at this time.**

*Our caregivers will be closely matched to make the transition easier.*

**Many seniors depend on home care so they can stay independent. This will allow them to remain in their own home longer and will keep them safe.**

*Our caregivers are compassionate and caring. We encourage living independently while offering support with family and friends.*

**Our company will take the time to meet with you and your family to understand their needs and schedule the caregivers to deliver the best services possible.**

*We hire only responsible, dependable and qualified people, caregivers that are dedicated to serving the adult/senior population. All of us playing a positive role in your family's life.*

**Each family will have an individualized care plan and communication book.**



We can provide care for your loved one for a minimum of two hours or up to twenty four hours a day 7 days a week. We only need 48 hours notice to schedule our caregivers. You can increase and decrease the hours agreed upon at your leisure. We understand that some days are better than others, or family may be more available at times than others. We are here to assist you when you need us.

### Living at Home Health Services, LLC

818 High St, Suite # 5  
Chestertown, MD 21620

Phone: (410) 778-2212  
Fax: (410) 778-2249  
Email: livingathomellc@yahoo.com



### Our Services Include:

- Companionship
- Correspondence and Letter Writing
- Personal Care
- Meal Preparation
- Medication Box Refill
- Medication Reminders
- Light Housekeeping
- Evening/Bedtime Routine
- 24 Hour/7 Days a Week Care
- Overnight Hospice Care
- Overnight Supervision for Safety
- Monthly Scheduling for Advance Planning
- Nursing Assessments for Long Term Care Planning.
- Respite Care
- Transportation to and from appointments and events
- Temporary Staffing for Vacations/Illness